

Level 5 Award in Working with Suicidal Experiences

A Relational and Neurologically-Informed Approach

CURRENTLY IN THE PROCESS OF ACCREDITATION WITH CPCAB



JANUARY 2027 • PLACES LIMITED

An introductory fee is available for the first two cohorts.

Developing a deeper understanding of suicidality. Exploring how these experiences can impact a person's life, influence connection, trust and engagement with support networks.

Integrating current evidence, NHS guidance and practice, the programme explores these complexities to develop more targeted, collaborative and responsive approaches to working with suicidal distress.



Informed by lived experience and professional practice



Build confidence and professional skills



Optional post-course support to embed learning in practice

Course Outline

A 14-week online programme consisting of four specialist modules.

1

Understanding Suicidal Experiences

Examining current theories of suicidality and the factors that can influence suicidal distress, including culture, identity and lived experience. This module encourages learners to consider the complexity and individuality of suicidal experiences

2

The Neurobiology of Suicidal Distress

Understanding what may be happening in the brain and body beyond the immediate presentation, and how previous experiences and prolonged distress can influence thinking, emotional processing, connection and recovery

3

Relational Practice, Collaborative Safety

Exploring how shared understanding and collaborative approaches can support client safety when working alongside people experiencing suicidal distress, emotional numbness and ambivalence within professional and organisational frameworks

4

Sustaining the Practitioner

Reflecting on the impact of working with suicidal experiences on ourselves and examine what supports long-term effectiveness in practice. Develop personalised strategies for resilience, restoration, boundaries and sustainability



Course details

14 weeks online
(One day per week)
49 hours taught
+20 hours self-directed learning



Introductory fee

£725 + VAT
Available for the first two cohorts only



Introductory fee

Currently in the process of accreditation with CPCAB as a Level 5 Award



WSE Practitioner

Successful achievement provides the route to recognition as a WSE Practitioner within the developing WSE Practitioner framework.



Register your interest

For more information or to register interest, please email: info@windmilltraining.co.uk

www.windmilltraining.co.uk