



## Personality Disorder Training for Staff Working with Women: WKUF+

This four-day training for staff working with women in prisons and secure settings is an excellent follow-on from the KUF Basic Awareness training. **Please Note: applicants must attend ALL four training days.**

The aims of the WKUF+ training are to:

- Extend existing knowledge, experience and understanding of working with women with personality disorder;
- Enhance skills for staff working in secure settings;
- Develop understanding using theoretical frameworks, for example attachment theory;
- Discuss the importance of reflective practice for staff working with women with personality disorder or complex needs.

The training looks specifically at the role of trauma and self-harm and provides a comprehensive introduction to the rudiments of case formulation. Other topics included are:

- How the women present;
- Working with psychologically informed approaches (including case formulations);
- Understanding and managing distress;
- Containment, boundaries and relational security;
- Investigating the benefits and challenges of working in multi-disciplinary teams.

This is an experiential course which draws upon a range of learning materials including videos, case studies and other clinical material. As with all KUF programmes, the training is co-facilitated by experienced organisational and service user trainers.

If you are interested in attending the four-day WKUF+ training and work in the Kent, Surrey or Sussex area, please contact:

**Nicole Capon – KUF Kent, Surrey & Sussex Programme Manager**

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**Please Note: participants are required to attend ALL four of the training days.**